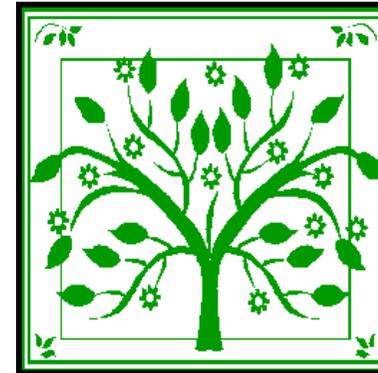


For more information on
The Schools-based Play Therapy Service
and
The Aries Programme



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The Windfall Centre
Supporting the emotional health of
children and families

Schools Programmes:

Schools-based Play Therapy
&

The Aries Programme
Attachment Relationships in
Educational Settings



The Windfall Centre

The Windfall Centre is a registered charity. Our aim is to support the emotional health and wellbeing of children and families through the provision of therapeutic services, consultancy and training throughout Wales and the Borders.

Our Play and Filial Therapists are BAPT accredited and have attained a Masters level qualification. Therapists receive regular supervision from highly experienced supervisors and maintain rigorous continuing professional development.

The Windfall Centre recognizes the vital importance of the relationships children have with their teachers and educational support staff. We aim to strengthen and support these relationships by working closely and respectfully with educational practitioners. In addition, schools as a local venue for therapy have proven a great help in allowing more children to have access to the therapeutic support they may need.

Schools-based Play Therapy

Play Therapy is an acknowledged and evidence-based intervention for children who have suffered trauma and adversity and whose behaviours are a concern to themselves and those around them. Children use play as a form of communication as adults will use spoken language. Using play, children work through traumatic experiences, explore solutions to dilemmas and master their emotions and thinking.

Schools often have to respond to the needs of children with complex histories and significant emotional difficulties. Teachers may be the first to identify concerns and worries for their pupils. Play Therapy not only helps children to recover from difficult life experiences, but also in doing so, helps children to be more receptive to learning and therefore enables their educational needs to be better met.

Our Play Therapy in Schools programme can help:

- Reduce emotional, behavioural and social obstacles to learning.
- Improve adaptation in the classroom.
- Enhance empathy, communication skills and emotional literacy.
- Address the needs of at-risk children.
- Support and advise teaching staff.

Attachment Relationships in Educational Settings 'ARIES' Programme

The Aries Programme is based on the principles of Filial Therapy, an evidence-based psycho-educational family intervention in which the play therapist trains and supervises caregivers to share special child-centered play sessions with their children. This approach engages adults as partners in the therapeutic process, empowering them to be agents of change for the children in their care. This approach is equally beneficial to the teacher-pupil relationship and when offered alongside Play Therapy in schools and/or Filial Therapy for the family is a powerful tool for change.

The Windfall Centre offers a specially adapted short programme of attachment-focused training for schools based on this successful therapy model. The skills shared allow educational staff to support children with attachment difficulties and respond to concerning behaviours positively, helping children to build healthier relationships with teaching staff and peers.

The Aries and Schools-based Play Therapy Programmes can be provided together, or one after the other to offer a comprehensive approach to meeting the needs of pupils facing a variety of emotional and behavioural challenges.